Hey sam!

oh ... hi daniel.

see you tomorrow!

bye sam!

ok.

Hey sam!

oh ... hi daniel.

what'd you think of the movie last night?

yeah ... it was cool...

don't forget, i'm having a party tonight ...

uh huh ...

ok.

what'd you think of the movie last night?

yeah ... it was cool...

don't forget, i'm having a party tonight ...

uh huh ...
you're coming eh?

uh sorry, got stuff to do ...

really? like what?

umm ...

come on man, you have to, you love parties!

... it won't be the same without my best bud!

ok, i guess.

awesome! see you tonight.

yeah, see you there.

bye!
FINE.

BOOM CHUCK BOOM

BUCKA BOOM CHAAKA BOOM

DOWN W OF FIRE
Hey Sam,
you get my text last night? Uh, my phone was off...

Did u leave the party early? U all good?

Delete message?

HEYYYYYY SAM, YOU GET MY TEXT LAST NIGHT? UH, MY PHONE WAS OFF...
Why did you leave the party?

... I had to be back early.

Are you ok? You seem kind of vacant.

I'm fine.

If something's wrong, you should talk about it ...

... see the guidance counsellor. She can help ...

I said I'm fine!
doesn’t seem like it!

WILL YOU PLEASE TALK TO SOMEONE?

I don’t know ...

She can help. Go see her tomorrow.

K ...

If you choose for Sam to avoid the Guidance Counsellor, go to page 9.
If you choose for Sam to seek help from the Guidance Counsellor, go to page 12.
Hey, where's Sam?

Dunno ... said he was tired.
Hey guys, you coming to the party tonight?

Sure!

Yeah!

Hey Sam, you coming to the ...

... Sam?!

?
THE END.
Hi, welcome. Come in!

So, what brings you here today?
Hey guys, you coming to the party tonight?

Sure! Yeah!

How about you, Sam?

Uh... Sure, I'll come.

Boom! Chucka Chocka!
GREAT TO SEE YOU FEELING HAPPIER SAM.

SAME TIME NEXT WEEK?

NICE ONE SAM!

GOOD TO HAVE YOU BACK IN THE GAME MATE!

THE END.
A CHOICE

Life has ups and downs. These are different for everybody, but in those ups and downs, you always have choices.

This story explores A Choice.

Need Help?
It may not be a guidance counsellor at your school, you can talk to anyone you trust. Or these numbers might help.

Youthline – 0800 376 633
The Low Down – text 5626
Lifeline – 0800 543 354
Suicide Prevention Helpline – 0508 828 865

Credits
Illustrated by Ant Sang
Written by Cameron Felix, Matt Kan, Jarren Skellon & Yang Xiao
Project Coordinators – Emma Brown & John Irving
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